

O frondens virga

Antiphon for the Virgin

Transcribed by Allison Mondel

Hildegard von Bingen (1098-1179)

D f.155r

1
O fro(n) - dens vir - ga

2
in tu - (a) no - bi - li - ta - te stans

3
si - cut au - ro - ra pro - ce - dit.

4
Nunc ga - (u) - de et lae - ta - re

5
et nos de - bi - les di - (gn) - a - re

6
a ma - la con - sue - tu - di - ne li - be - ra - re

7
at - que ma - num tu - am por - ri - ge

8
ad e - ri - ge(n) - dum nos.

*O frondens virga,
in tua nobilitate stans
sicut aurora procedit:
nunc gaude et letare
et nos debiles dignare
a mala consuetudine liberare
atque manum tuam porrige
ad erigendum nos.*

Oh blossoming bough,
standing in all your nobility
just as the morning awakens:
so now rejoice and be glad,
though we are frail deem us worthy,
keep us from falling into habitual wickedness
and also extend your hand out
to help us stand upright.

Latin translation by Hugh McElroy

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